

# Hey guardians, it's time for your child's vaccination!

During week 41 vaccinations against Covid-19 for children between the ages of 12 and 15 will be started and carried out throughout the autumn in Blekinge.

The vaccinations are voluntary. Vaccinations of the first and second doses will be administered at the school with the help of nurses from the Blekingeregion.

You will receive information when it is time for your child to get their vaccination at school

In order to be vaccinated, the guardian(s) need to fill out a declaration of health together with their child. The declaration of health should be filled out online at [1177.se](https://1177.se) for both the first and second doses. You can find your municipality and then your school online at [1177/blekinge](https://1177/blekinge).

The consent form that will be sent home to you should be filled out by the guardian(s) together with the child. The consent form should then be returned to the school nurse in a sealed envelope. For the vaccine to be administered, we will need both the completed declaration of health and the consent form.

If your child has any form of identification, such as a passport, please bring that along to his or her vaccination. If you have any questions regarding vaccination, please feel free to call Blekinge's Regional Contact Center at 0455-73 10 91. The Contact Center is open weekdays between the hours of 8:00 a.m. to 12:00 p.m.

All children who have reached the age of 12 now have the opportunity to get vaccinated against Covid-19. The vaccination is voluntary and free.

It is important that as many people as possible get vaccinated. Children and adults are both susceptible to Covid-19. Even children are at risk to become gravely ill from Covid. Vaccination is the most effective method of protecting your child against Covid-19.

*Continue reading...*



## **Vaccination provides protection**

The vaccines have been thoroughly tested so that they are effective in protecting children against severe illness and are safe to use. Millions of children throughout the world have already been vaccinated against Covid-19.

Occasionally people get the infection despite having been vaccinated but it is unusual. If you do become infected with Covid after being vaccinated, the symptoms are commonly very mild. Even if you have been vaccinated, it is important to stay at home if you are feeling ill or have a cold.

## **About the vaccine**

Before getting vaccinated you will need to answer some questions about your child's well-being, for example, does the child have any known allergies? The vaccine is delivered through a shot in the upper arm.

## **How your child may feel after getting vaccinated**

Most people feel fine after getting vaccinated. Some may feel tired, get a fever or feel aches or pain in their body. This is a normal reaction and it is recommended that you rest up if you start to feel that way. It is also common to feel soreness or pain in the arm where you received the shot.

It is very unusual to experience any serious side effects after taking the vaccine. In the event that you should feel ill with symptoms that you do not recognize then it is important to seek help. One of the very rare side effects of the Covid-19 vaccination is an inflammation of the heart muscle. That may cause chest pains and difficulty breathing. It is more likely that you would get an inflammation in the heart muscle after being infected with a virus like Covid, than getting vaccinated. If your child is not feeling well you can call 1177 for advice and guidance.

## **Do you have questions?**

It's normal to have some questions before getting vaccinated. Talk about it at home and read the information in this pamphlet together with your child.

More information is available online at [1177.se](https://1177.se) and at [Folkhälsomyndigheten.se](https://Folkhalsomyndigheten.se). You can also find answers to your questions by calling Blekinge's Regional Contact Center at 0455-73 10 91.