

# Adigu is ilaali dadka kalena ka ilaali in cudur ku faafo



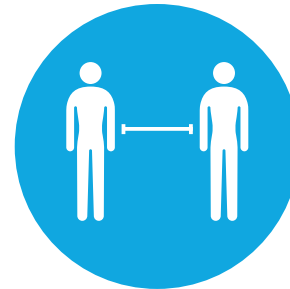
Dhaq gacmaha inta badan. Adiga oo isticmaalaaya saabuun iyo biyo kulul. Ugu yaraan 30 ilbiriqsi.



Joog guriga haddaad xanuunsan tahay. Xataa haddaad dareemayso wax yar oo astaamaha cudurka ah.



Ku qufac oo ku hindhis laabtada gacanta.



Haku dhawaanin dadka kale. Xataa saaxibadaada.



Iska ilaalin inaad taabato indhaha, sanko iyo afka.



Guriga iska joog hadaad tahay kabadan 70 sano.